

VALLEY VOICE

North-East Valley
Community Newsletter

A Publication From The North-East Valley Community Development Project
voice@northeastvalley.org – 262 North Road NEV – (03) 473 8614

October
2014

Dunedin's first disc golf course to be in valley



Hannah Joynt and Scott Pluver throw some discs at the proposed disc golf course at Chingford

A PERMANENT nine-basket disc golf course set to be established at Chingford Park will be a great asset to Dunedin city and the North East Valley. Dunedin is the only major city without a disc golf course, and residents have to travel to Queenstown or Wanaka to play, proponents say.

Opoho resident Scott Pluver says disc golf is similar to ordinary golf, except instead of towing a bag of clubs, a person carries a bag of frisbees, or discs. Rather than holes, the aim is to get the disc into a basket with the least number of shots.

Chingford Park will be a great place for disc golf as it has lots of natural obstacles to play around, which make the game more challenging.

Project driver Hannah Joynt says it is "not until you start playing it that you realise how much fun it is.

"When you throw the disc and you make it fly really beautifully that is a nice experience." The course has been through about thirty re-designs to allow for many considerations, such as other park users. The park is popular with dog walkers and every tee has been placed so it has a clear line of sight of paths and walkways.

An open day held on Sunday attracted a lot of interest. "One of the things I love about disc golf is that we have a really awesome community," Hannah says.

From the executive: New chairwoman elected



TO SEE the valley prosper and strengthen communication between valley groups, is what new Valley Project executive committee chair Margaret Hillerby is looking forward to in the next year.

Formerly Concord School's

principal, Margaret now runs her own business, Body in Tune Wellness Clinic, which focuses on pain relief and re-balancing the body.

Margaret moved to the valley in 2009. She is new to the executive, which she joined earlier this year.

"I love North East Valley. I think it is Dunedin's best kept secret," says Margaret.

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Valley Project team



Call into the community rooms to meet the new Valley Project team, from left, project manager Marty Cancilla, Valley Voice editor Edith Leigh and community worker Charlotte Wilson.

PROJECT MANAGER Marty Cancilla and new Valley Voice editor Edith Leigh are both thrilled to be joining the new team at the Valley Project at this exciting time in the project's story.

As a newcomer to North East Valley two years ago from Canada, Marty has been impressed with the diverse and organised community here. He enjoys the community gardens, playing bluegrass music at the Normanby Tavern, and hiking, mountain biking and surfing around Dunedin.

Marty plans to start a weekly Valley Voice radio slot on Otago Access Radio. This will feature local artists and musicians, help promote local events and community groups and raise awareness of the Valley Project.

Edith will be expanding the project's social media, so be sure to follow our Facebook page and keep an eye out for Twitter and Instagram coming soon.

Her first project will be to re-design this newsletter and produce it in colour. Then she plans to re-design and update the project's website.

Came for a few months: stayed for a year



STEVE O'CONNOR stepped in to edit the Valley Voice for a couple of months and ended up in the job for a year.

Connecting with people and hearing their stories was a highlight of the job, Steve says. The Valley Project is all about connecting people with other people, resources and needs, and the Valley Voice helps to make that happen. "People come in with an issue, or trying to get a business or an art class going, and you are able to help out in some way."

The folding guild was definitely one of the most fun parts, Steve says. "I will miss the office and being at one of the nerve centres of the community."

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Farewell Jane

THE PEOPLE are what former Valley Project community development worker Jane Clutha is going to miss the most, after 18 months with the project.



Jane left the project last month to move to a new role at Age Concern. "The valley has got an energy all of its own," she says. "It is so diverse in all sorts of ways. That makes it a pretty magic place to be."

Meeting people and the possibilities they bring has been a highlight of her job. "We connect people and help to make their ideas happen," Jane says. To see the pleasure and satisfaction people get when they step in to a volunteer role, and to see them come back again and again, is exciting.

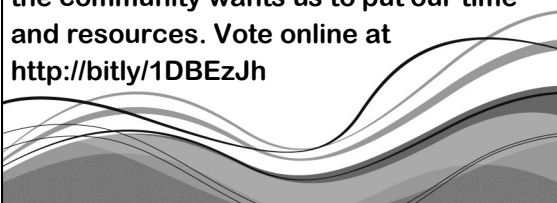
The community ideas wall in the Valley Project's community rooms and the cosy homes project to help families and children be warmer and healthier have both been great projects to be involved with, she says. She also enjoyed connecting with youth and businesses in the valley. —Edith Leigh

Turning green to gold

DO YOU have ideas of how we could make better use of garden waste locally to avoid the expense of travelling to the Green Island landfill? Could we turn the waste into a valuable resource? Contact Kristen at TV4731G@list.king.net.nz or on 473 9535 if you would like to join others to explore this issue.

WHAT MATTERS TO YOU?

The Valley Project wants to know where the community wants us to put our time and resources. Vote online at <http://bitly/1DBEzJh>



Valley Project and FoodShare feed families

FAMILIES ON the brink about to go and beg \$10 from a neighbour to see them through the weekend have been some of the grateful recipients of the Valley Project's food share initiative.

Community worker Charlotte Wilson said the programme was fulfilling a need within the valley and it had been well received. "People are telling us this is amazing."

Food is supplied twice weekly from Dunedin non-profit organisation FoodShare and distributed to families in need. Food is also shared with the valley youth drop-in, the Valley Club after-school programme and community events.

FoodShare is a centralised organisation that aims to feed the hungry and reduce food waste. They collect excess fresh and frozen food from donor businesses, such as markets, cafes and bakeries, sort it and distribute it to social service agencies, such as the Valley Project.

Food parcels vary every week, depending on what has been donated, but basics such as bread and fresh vegetables are usually included. Charlotte says she is keen to look at further



helping families by including basic recipes that utilise the food provided.

When the Valley Project began distributing food five months ago they were helping out two families, but now regularly deliver food to six families. If your family is struggling, or you know someone who might need some help, get in touch with Charlotte at the Valley Project office or on 473 8123. If you would like to be involved with the food share programme and can volunteer your time to help collect and deliver food let Charlotte know. —Edith Leigh

Cop that: Stolen property still to be claimed



IT IS WITH some satisfaction that I hit paper this month, knowing that two criminals have been caught for burglaries and thefts from vehicles in the North Dunedin area. About ten offences occurred with a large amount of

property stolen. Much of recovered property is still unclaimed. It also appears police do not have complaints for some of the property retrieved, so if you think you have had items stolen please contact Dunedin Central Police Station.

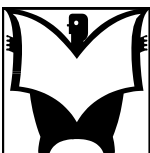
Without pointing the finger, let's not make it easy for these clowns who have little or no respect for other people or their property. On several occasions, homes and vehicles had been left unlocked with the property stolen in clear view. One theft involved a firearm, including the bolt and ammunition, being taken from an insecure vehicle. As mentioned, I'm not blaming the property owner for these burglaries and thefts but let's take prudent steps to secure items around the home and

always lock our vehicles. It's thought that these two crooks had accomplices who are yet to be identified and locked up.

I recently attended a motor vehicle crash on SH1 south of Allanton. Two ambulances and three police vehicles were on scene in a posted 100km/hr speed zone. What astounded me was that some motorists seemed oblivious to what was occurring in front of them as they continued to drive at 100km/hr through the crash site, virtually sucking emergency staff into their vehicle's vacuum. Rest assured, staff at a crash site are busy and concentrating, more often than not, on saving lives. Their safety should not be put at risk by other motorists so please take care if you come across a crash scene and drop your speed to the required 20km/hr.

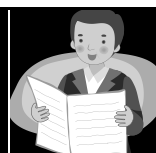
And while I'm talking road policing, 20km/hr is the speed to pass a stopped school bus, on both sides of the road. North Rd, especially, is extremely busy during school start and finish times so let's be extra vigilant for those little ones. Please comply with parking restrictions in place around schools as they are there for a reason. Your driving behaviour can either endanger or protect others.

That's all from me. Stay safe and look after each other. —Brendon Thomson



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Wearable art impresses on school catwalk



Coat hangers, plastic bags and table cloths are just some of the unwanted, re-useable materials pupils at Dunedin North Intermediate used to create costumes for the Wear It As Art fashion parade. Pupils had just three days to make their costumes for one of four categories - animal, garden party, legend, and black and white. Extra points were awarded for the amount of recycled material used. Pictured here are, from left, Carly McGavin (11), Scarlett Rogers (11), Lisel Nader-Turner (11) and Cailin Rogers (12). —Edith Leigh

Grapefruit delivery



Grapefruit juice and marmalade should be abounding around the valley after Valley Project manager Marty Cancilla spent his first day on the job delivering grapefruit around schools, churches and community groups. The grapefruit were donated from the Salvation Army. Marty is pictured at Pine Hill School with pupils, from left, Jodie Kitchingham (11), James Ritchie (11), Nick Souquet (11) and Keira Robson-Cairns (10).

Pop-up artist

INTERNATIONALLY RENOWNED textile artist Christine Keller is the feature artist in the pop-up gallery this month. The German-born textile teacher and maker has lived in the valley for the past seven years and opened her *Weaving on Hillingdon* studio in 2012.

With her apprentice Adrienne Mulqueen, of Dunedin, she is producing a series of teatowels under the Operation Kitchentowel label. A concern about the loss of traditional and contemporary textile skills prompted her to start teaching weaving and dyeing to the community. Classes run in the community rooms, from 6pm to 9pm on Mondays.

Freestyle dance group

JESS BRINES plans to start a freestyle dance group in the valley as a place for women to express themselves to music in "whatever way they want". "Dancing is good for fitness and endorphins," she says.

Jess went to a similar group in Waitati and felt great at the end of it. Some women just sway to the music with their eyes closed, while others work up a real sweat. Similar to the 5Rhythms movement, the music varies widely and embraces all genres.

A venue is still being investigated but the group is likely to meet on a Friday night. Contact Jess at groovygoddessaoteroa@gmail.com.

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Toy library now in NEV



THE DUNEDIN City Toy Library has moved to North East Valley to put it in the heart of a residential area. Librarian Ali Rashidinejad said the toy library has a large stock of toys and new members are welcome, including grandparents.

The toy library is open from 10am to 11am every Wednesday and Saturday.

Pictured trying out some new toys to take home are, clockwise from top left, William Stanley (3), Liam Bennett (4), Amelia Stanley (1) and Negar Rashidinejad (6).

Kindy maps highlights



HAVE YOU ridden your bike at the BMX track? Tried your luck at finding lobsters in Lindsay Creek? How about borrowed a book from the book bus, or walked the bush track at Chingford Park?

Jonathan Rhodes Kindergarten kids discovered new areas, and even a playground they never knew existed, as they explored North East Valley to create a map. The map highlights free, fun activities in the area that young families can enjoy.

Teacher Raewyn Clarke said when they visited Baldwin St, some of the children who lived in the valley had never even been up the world's steepest street.

Pictured with the map are, from left, Queen Fatiha (5), Lewis Shrimpton, Liliana Walker, Jahsiah Wheeler-Lees, Olivia Bevin and Bella Aisi-Griffin (all 4). Partially obscured is Summer Zaragoza-Faoagali (4).

People at the centre of funeral services

GILLIONS FUNERAL Services is a regular advertiser in the *Valley Voice*. You may have wondered why a South Dunedin business is advertising in a community publication in the opposite end of town? The answer is a funeral company is all about people, not buildings.

Many of our staff have strong connections to the north end. Current owners Keith Gillions and Elizabeth Goodyear, and administrator Kay Hammond, all live in Opoho, and Elizabeth grew up in the valley. Paolo Guglietta, one of our funeral directors, lives in the valley, while another staff member, Lee Buckingham (nee Van Egmond) grew up in the valley and still has

family connections there.

We all enjoy being part of this vibrant community and appreciate the wide range of activities and initiatives available in our part of town. It is a very supportive place and we notice that local support for each other when the time comes to farewell a community member.

In turn, we find doing our best to help people through such a difficult time in their lives is very rewarding. Feel free to contact us anytime to talk about any aspect of funeral planning, pre-payment, funeral costs and any other questions you may have. —Elizabeth Goodyear

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Community Garden Working Bee Dates for October

Working Bees alternate between Saturday mornings and Sunday afternoons

Sunday 5 October 1pm-4pm
Saturday 11 October 9am-noon

Sunday 19 October 1pm-4pm
Saturday 25 October 9am-noon

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Tekau ngā tāngata i tae mai ki te mea tuarua, ā, he tino rawe te korero, te katakata, te tautoko atu, tautoko mai, te whakamārama, te whakatika hapa i tērā wā. Ahakoa he poto noa iho te wā, he nui te mahi, ā, he iti noa iho hoki te utu (e rua tāra pea mō te ruma). Nō reira, mehemea he pai ki a koe te kaupapa nei, nau mai, haere mai ki te korero Māori.

(He mihi hoki ki a Kristen rāua ko Kyoko, nā rāua te kaupapa nei i kōkiri).

Do you speak Māori, or are you learning Māori? Whether you only know a little, or you are good at speaking Māori, a group has been set up to help us develop our language skills. The group meets in the community rooms, from 4.30pm to 5.30pm, on Sundays.

The ten people at the second meeting had a great time - speaking Māori, laughing, having fun, supporting each other, and getting some explanation and correction of errors. A lot was packed into a short time, and it's really cheap as well (just a couple of dollars to pay for the room). So, if you're interested, come along to practise your reo Māori. A big "thank you" to Kristen and Kyoko for making this group happen. —John Birnie

Bluegrass fundraiser



ROOTSY ACOUSTIC music, laughter and prizes for the best-dressed cowboy and cowgirl will help the Valley Bluegrass Band celebrate their first anniversary this Saturday. Bluegrass is toe-tapping acoustic music featuring uplifting songs played on the traditional instruments of banjo, fiddle, mandolin, guitar and bass fiddle.

The 4 October family fun bash, at 7.30pm at the Normanby Tavern Bistro, is also a fundraising concert to help send members to a bluegrass conference in Brisbane. The tavern will provide \$1 supper options and local musician Terry Ebeling is a special guest. —Richard Dingwall

Smokefree success

BEING PART of a group can provide extra motivation to give up smoking. Trained facilitators helped a committed group, who met at the Valley Project community rooms for seven weeks, to become smokefree, through the use of group support and stop smoking medication.

"You have to get in the right head space," one group member said. "That is where the group helps as you don't want to let yourself or the group down, so you stick it out."

Smokefree co-ordinator Rose Orr said the use of the community rooms and the support of the Valley Project was fantastic. To find out about smoking cessation services contact Public Health South on 476 9800.

Ball invitation for all

NORTHERN ARTERY invites you to their Jane Austen Ball at the start of November. Our ball is a costumed event and all ladies and gentlemen dress in the style of the Regency or late 18thC period. The look is known as the Empire line. The high waist just below the bust is flattering and feels wonderful to wear.

Bonnet workshop: Make your own Regency bonnet at a bonnet workshop. Bring an old straw hat and any treasure, such as artificial flowers and ribbons to decorate it. At DNI, 10am to noon, Saturday, 18 October (please register at info@frenchdancing.co.nz).

Dance workshop: To enjoy your ball experience even more join the last Sunday dance workshop. The dances are fun, quick to learn and you don't need a partner. Nga Maara hall, 9.30am to 11.30am, 19 October.

Regency picnic: You are warmly invited to a picnic and performance by *Les Belles Vilaines*. At Otago Museum Reserve, noon, Sunday, 19 October.

Jane Austen ball: You are not required to wear authentic period attire, but you will need to look smart, a white shirt and waistcoat for men and evening dress for ladies. Any accessories like gloves, a simple hairpiece, a fan or shawl will easily create a Regency look. We look forward to seeing everybody in their finery. The ball promises to be a lot of fun. At NEV Normal School, 8pm, Sunday, 1 November, \$25.

Church Services Directory

Salvation Army, 43 North Rd, Nitechurch, 6pm

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, 6pm

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, 224 North Rd, 9.30am cafe service

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am; 5th Sunday, 2pm.

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OPOHO EUCHRE GROUP

Opoho Bowling Club, 1.30pm,
Wed. Ph Lesley 473 9771.

FREE FITNESS CLASS

Outdoor circuit training, NEV
Normal School, 9.30am, Sat,
bookings essential. Ph Knox Re-
habilitation Clinic 474 0517.

RECLAIMING THE NIGHT

Walking group, meet DNI car
park, 6.30pm, Wed. Ph Jennifer
473 1694.

TAI CHI FOR BEGINNERS

(Age Concern) NEV Baptist
Hall, 1.30pm-2.30pm, Thur. Ph
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STEADY AS YOU GO

(Age Concern) Gentle balance
and strength exercises, NEV Bap-
tist Church, 10.30am-11.30am,
Mon.

WOMEN OUT WALKING

Any woman interested in hill
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Contact Rhian rhiang@xtra.co.nz

HISTORICAL DANCE

Workshops, Nga Maara Hall,
North Rd, 10am-noon, 2nd Sun
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come.

MEET NEW PEOPLE

NEW TO THE VALLEY?

Meet new people and find out
what's happening in the valley,
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LIONS IN THE VALLEY

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new members, men and women,
welcome. Ph Tess 473 8114 or
Genny gennyhann@gmail.com.

MENS' PROBUS

NEV bowling club, 10am, 2nd
Mon each month, new members
welcome. Ph Don 473 7544.

CHAI AND CHAT

Where women come together to
socialise, children welcome, gold
coin, Community House, Moray
Pl, 10.30am, Mon. Ph Afife 473
8944.

KNITTING SQUAD

BYO knitting or crocheting, or
come and learn, Community
Rooms, 1pm-3pm, Wed. Ph Mar-
jory Brown 473 7751.

YOUTH DROP-IN

Supervised fun for young people
7-13 years, NEV Baptist Church,
7pm-10pm, Fri, Sat. Ph Steve 027
424 1828.

FOR THE LITTLE ONES

OPOHO PARENTS & KIDS

Opoho Church, 10am-noon, 2nd
and 4th Thur.

DUNEDIN TOY LIBRARY

St Martin's Hall, Northumberland
St, 10am-11am, Wed and Sat.

PLAY GROUP

Come along with your children 0
-4 years, Baptist Hall, 270 North
Rd, 9am-3pm, Tues; 9am-
11.30am, Wed. Ph Michael 473
0572.

MUSIC AND MOVEMENT

For little ones, Salvation Army
Hall, 9.30am and 10.30am,
school terms only. Between ses-
sions morning tea, 10am-
10.30am, gold coin.

TRY SOMETHING NEW

ITALIAN CLASSES

Exp teacher, native speaker of
Italian (PhD Linguistics), Benve-
nuti! Ph Antonella 473 0832, 027
341 8312,
antonella.vecchiato@gmail.com

MEDITATION

Meditation and mindfulness after-
noon workshop every
two weeks, Ph 021 035 2392,
www.meditatenz.co.nz

QIGONG

Interested in Qigong? Ph Ans 473
6114 or 027 756 8383,
www.qigongrenxue.org.nz

QIGONG CLASSES

Jay Baker runs a Qigong class at
the Community Rooms, 6pm,
Thur. Ph 027 584 4537.

FREE LITERACY COURSE

For more information contact
Ana and Marg at Literacy Aotea-
roa, 477 2055.

LEARN ENGLISH FAST

English for work and daily life,
contact Paul or Glenys at English
Language Partners 477 7261,
Dunedin@englishlanguage.org.nz

ART CLASSES

For all levels, casual attendance
welcome, tutor Anneloes Doug-
las, Community Rooms, 10am-
noon, Thur. Ph 467 9993 or 027
307 7034,
anneloes.douglas@xtra.co.nz

ASTROLOGY COURSE

Learn the fundamental principles
of astrology, Ph Pia 473 7718,
www.taosh.co.nz

CAN YOU HELP?

ENLIVEN DAY CLUB

Ross Home, wanted, drivers and
help with activities, light food
preparation. Tues, Wed & Fri. Ph
Maybank 473 0890.

MENTORS REQUIRED

Become a mentor to young peo-
ple who need a good male role
model in their lives, Operation
'New Direction'. Ph Rob Fitzpat-
rick 473 6825,
garden@northeastvalley.org

NORTH DUNEDIN SHED

Working bees, Bonnington St,
two shifts, 9am-12.30pm and
12.30pm-3pm. Boots and gloves
essential; coffee, tea & scones
welcome.

EMPLOYMENT

BABYSITTING

14-year-old, National
Certificate in Babysitting, in-
volved in St Johns. Ph Kyra Mur-
doch 473 7087.

TRADING CORNER

HOUSE SITTER

Available from late October on.
Ph Jane 021 184 7735.

WANTED TO RENT

3-bedroom family home for long
term, must have fencing, bath &
heating, up to \$300/wk,
neslepaks221@hotmail.com

RENTAL WANTED

Small place with grazing, pay up
to \$160/wk, refs available, Ph
022 010 2232.

FLATMATES WANTED

For large 3-bedroom house, lower
NEV, with fun, easygoing male.
Pref 18-25, but others considered.
Ph Rorie 027 875 4766, or
roriewhite@gmail.com

GLASSHOUSE WANTED

Contact Adam 021 184 8529.

CAN YOU HELP?

Older people attending our Enliven Maybank Club need volunteers to drive them to and/or from clubrooms in NEV.

Maybank cars are used and a variety of times available on Tuesdays, Wednesdays or Fridays can fit around your current obligations.

Enjoyable interaction and knowing you make a big difference in the lives of members is very satisfying.

For further information contact Marilyn Withnall or Janet York
473 0890
maybank@psotago.org.nz



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Guerilla knitters brighten steepest street



Middle-of-the-night sorties armed with flasks of tea and scones. Brazen daylight raids to yarn bomb an iconic Dunedin street. It seems there is more to the North East Valley knitting squad than meets the eye. But while guerrilla knitting brings in an extra element of fun and camaraderie, it is the friendships formed that keep these knitters meeting every Wednesday at the Valley Project's community rooms.

Pictured, Marjorie Brown holds the knitted flowers and birds used to yarn bomb Baldwin St; behind are knitting squad members, from left, Suzanne Mitchell, Edumali Alepio, Adele Munro, Talu Elu and Sheila Bauchop.

Many years experience at Opoho Bowling Club



NEW MEMBERS are welcome to the Opoho Bowling Club's open day on Saturday, 11 October. The club's longest-standing members have been playing since 1972 and are happy to introduce new

players to the game.

Club treasurer Paul Spain says the club has one of the most attractive locations in the city being opposite the botanical gardens. "We have been going strong since 1934, and although small, we are a social, friendly group from twenty to eighty-plus-years-old."

There are opportunities for social bowling every day, with a club afternoon on Monday and competitive bowling on Tuesdays, Wednesdays and Saturdays. The club meets socially for quiz nights, cards and Christmas celebrations, and the club house is available for hire for the community.

The open day starts at 1.30pm and includes an afternoon tea. Wear flat-soled shoes. For more information contact Paul on 471 0743.

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