

# Flowers for kindness



Bloomin' Gorgeous owner Jennenne Mackie will be giving away a bunch of flowers every week in November to someone "deserving" who has been nominated by the community. A small box will be outside the shop for people to nominate someone who has done something kind for them or others, or good in our community. A name will be drawn on the next four Fridays of this month.  
Photo: Edith Leigh

• read the full story on page 3

## DCC grant a vote of confidence in project

A SIGNIFICANT grant from the Dunedin City Council over the next three years will not only provide some stability for the Valley Project's core operating costs, but is a "vote of confidence in our community-led practice", says team leader Tess Trotter.

The Valley Project will receive \$55,000 this year, with provisional agreement to fund the same amount for the following two years. The fund was introduced by the council during its long term

plan process, which included community consultation to give support for community groups based within geographical areas or suburbs of Dunedin.

"It is challenging to source funding for core operational expenses such as staff wages from many traditional funders, so this fund becoming available is very positive for place-based community groups," says Tess.

• continued on page 2

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# Garden tour raises more than \$2k

**THIS YEAR'S** Loved (but not Lavish) Garden Tour had a joyful community vibe in the air, despite the weather, and raised more than \$2000 for the Valley Project.

At least 200 people toured the wide range of gardens, which included gardens that were just starting out to some that have been in progress for many decades, says Valley Project team leader Tess Trotter.

"We have a big list of thank yous, starting with our amazing garden tour organisers Mary Waymouth and Diana Dixon who did a fabulous job. Thanks also go to Bloomin' Gorgeous and Blacks Road Greengrocer for selling tickets for us, to artist Manu Berry who screen printed the beautiful flags and Mt. Mera Bonsai for the bamboo."

The Valley Project also held an open morning on the same day with about 100 people calling in for coffee and cake, along with garden related activities for children.

One of our former receptionists, Rorie White, cut the ribbon to officially open the new reception space. If you haven't seen our new reception area please call in. It is looking fantastic and along with our usual printing and photocopying services we now also have a hot desk for community members to come in and check emails etc. We will have a laptop available for public use.

Many thanks to our fantastic team of volunteer receptionists for helping out with the reception area refresh and during the open day. Thanks also to Mark Dyer and Emily Peterson for helping out with the office and community rooms refresh and to OpenVUE educator Clare Cross who came along to help out with the children's activities on the day.

"It was a great day and of course a big thank you to our community for all their support and joining us for the open morning and the garden tour."



*Oscar and Freida Chapman with the garden markers they made at the Valley Project Open Day.*

## Funding success with council

• continued from page 1

**THE VALLEY** Project will use this funding to help cover our core operational costs, of which our greatest cost is staffing, followed by provisions for the community rooms and expenses such as insurance, telephone and internet, she says. This funding will cover about one third of those costs and represents the largest single funder for the project this year.

A lot of advocacy and collaboration between many community groups in Dunedin went into the council's long term plan process to make this fund available. In particular, our former community worker Anna Parker put in a large amount of work to help make this happen.

We thank the community who got behind us to help make this happen, and thanks to the council and councillors for their support, says Tess.

## Join the Creekfest 2019 team

**ONCE AGAIN** volunteers from across the community are coming together to plan Creekfest 2019.

This is a wonderful opportunity to meet new people and help to build this cherished community event which is loads of fun!

You may learn some new skills, learn about our local environment and of course soak up the incredible feeling of bringing our community together.

You need not be an expert in anything to get involved - we're looking for all sorts of people to help out, including on our organising committee and also helpers on the day. We strictly follow the adage, 'why have a meeting when you can have a party?' so joining the team promises lots of fun times and laughter over delicious kai with kindhearted people.

Community involvement is what makes this event sing, so whether you have a couple of hours to spare on the day, or you're interested in becoming a part of the core committee, please get in touch to find out more. I can be contacted on [tess@northeastvalley.org](mailto:tess@northeastvalley.org) or phone our office on 473 8614 and leave your contact details.—Tess Trotter



The Valley Project is a registered charitable organisation  
If you like what we do you can donate at [www.givealittle.co.nz/northeastvalley](http://www.givealittle.co.nz/northeastvalley)

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Closed Monday &  
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# Pupils to share backyard secrets

community  
NEWS

**YOUR OWN** backyard can be the scene for a “sometimes elusive world” and school children in the valley want to open your eyes to this world when they share their research findings at a community hui.

They have been working as scientists and are ready to tell you how you can find out what creatures may inhabit your garden and give you some advice on the best foods to attract native species.

Many creatures and critters call the valley and its' surrounding suburbs home – some you may see flutter about by day, some you may never see and others skulk about in the night. If you've ever wondered what these creatures might be please join us for our community hui.

Pupils from North East Valley Normal School, Opoho School, Sacred Heart School, Pine Hill School, Dunedin North Intermediate and Logan Park High School have all been taking part in the OpenVUE (Open Valley Urban Eco-sanctuary) education programme and using their scientific brains to research what birds and predators inhabit North East Valley.

Join us on Saturday 1 December from 2pm–4pm at Nga Maara Hall.

Many thanks to Curious Minds and Te Ao Turoa for helping this event to take place. OpenVUE is a collaborative project between community, Valley Project, Orokonui Ecosanctuary and the University of Otago.—OpenVUE educator Clare Cross



*Pine Hill School pupils learning how to identify different birds they might see in their garden at school or home. Pictured from left: Luke Little, Jenna Stanaway, Ruby Dustow, Stella MacGillivray, Nox Somnium*

## Receptionist opportunity great work experience

**WE HAVE** an amazing team of volunteer receptionists who help us out at the Valley Project and look after any community members who stop by for information or to do some photocopying.

Some of our receptionists cover set hours, while others will fill in as required.

If you can help out in any capacity and would like to join our team please contact [charlotte@northeastvalley.org](mailto:charlotte@northeastvalley.org)

This is an excellent opportunity to meet new people, give back to your community and to gain some valuable office and administration work experience.

Receptionist Emily Peterson says meeting new people is what she loves best about the role. “It’s great being able to connect people with things they need and let them know what’s happening in the valley.”

## Flower give-away to say thanks

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**THE ACTIONS** of two ladies who caught the bus outside her shop, Bloomin’ Gorgeous, every day has inspired Jennenne Mackie to give away a bunch of flowers every week this month as her own “random act of kindness”.

“These two ladies caught the bus every day along with an older man. When he didn’t appear for a few days they found out where he lived and went to check that he was okay.

“I thought that was just such a lovely, kind thing to do. We have so many kind people here in the valley and I just wanted to contribute to that somehow.”

Jennenne will have a box with pen and paper outside her shop this month for people to nominate others who deserve a thank you, with a brief sentence about what kind act or helping out in the community they have done. Every Friday in November she will then draw a name out of the box to receive a free bouquet of flowers.

“The valley is such a great place to live. Every day people come into the shop who are so kind to others.

“It is inspiring and I would love to see this inspire others to help out those around them.”

# Sharing walks online



North East Valley resident and keen walker and blogger Steve Wood enjoying the Quarry Garden track in the valley.

**AFTER RUPTURING** his Achilles tendon Steve Wood began to get back into exercise with walking. The North East Valley resident was enjoying his walks so much he began sharing pictures and stories of his adventures on Facebook.

His posts always seemed to be well received and attracted plenty of comments so he decided to start writing some of them up as longer blog posts.

“Walking gets you out there, it’s like a mini adventure. It’s great for physical and mental health, just getting out and putting life aside for a few hours and being in the moment.”

valley  
WALKS

## NEV loop walk on and off the beaten track

**THE VALLEY** is one of Dunedin’s hidden gems, but how often do you get off the main road and explore? Here’s a great 4.5km loop that will take you off the beaten track and still finish with coffee and cake!

Note: Wear sturdy footwear and take care in the upper quarry gardens, or walk around the bottom instead.

The loop starts and finishes at Blacks Rd. You’ll head up to Norwood Rd, around the block, into Chingford Park and up to a lovely nature trail.

Pass the historic stone stables on your way down. Built in the late 1800s, they’re now a great venue for events. The park also boasts an archery club and disc golf.

Unless you brought your frisbee, walk diagonally across the field to the right of the stables and onto Afton Tce. Keep going to Kelvin Rd and the well-worn warehouses on Watts Rd. Further up Watts Rd there is a side entrance to the Quarry Gardens.

Quarrying stopped in the 80s and we’re lucky that these privately owned gardens are open to the public. The terraced tracks above the old quarry pit are a joy to explore and give a different perspective on Stuart St.

Turn right before exiting the Quarry Gardens to find a wonderfully maintained track running along the Lindsay Creek to Selwyn St.

## Official opening

**DUNEDIN NORTH** Intermediate will officially open its new school building this month with a Garden Party.

Pupils on the school council have been working on the plans for the opening and a sub-committee has been working with a landscaper to design the plantings for the garden beds.

A mass planting in the garden beds will be followed by current Health Minister and valley resident David Clark cutting the ribbon.

## Park run

**WETLAND RESTORATION** is the subject for October’s HortTalk at the Dunedin Botanic Garden. Craig Wilson from the Department of Conservation and Te Nohoaka o Tukiauau coordinator Glen Riley will be discussing ‘Partnership in Action: restoring a wetland’.

Hear about the local wetland restoration being done by Te Nohoaka o Tukiauau/Sinclair Wetlands Trust,

“You usually experience something that you wouldn’t have seen or felt just driving past.”

While he is traversing walks all across Dunedin, Steve will be sharing local walks with Valley Voice readers as a new regular contributor, so get your walking shoes out and be ready to do some local exploring.

Check out the blog at this address:  
[www.bitfern.co.nz/nev-walks/](http://www.bitfern.co.nz/nev-walks/)



From here you can meander back to your starting point and some well-deserved refreshments at the Black’s Road Green Grocers. Enjoy!

How great would it be to walk or cycle the length of the valley off road? Imagine an extension of existing tracks, in the bush or along Lindsay Creek, ideally with sign-posted stop-off points for various landmarks, cafes, and maybe a mini arts and craft quarter in the old warehouse area. What a great way that would be to experience the valley.—Steve Wood

# Afterschool opening for toy library



WE'RE EXCITED to announce that this term the toy library will be open after school on Wednesdays from 3.30pm-4.30pm.

We have heaps of toys suitable for older kids and we'd love to encourage more school families to use the toy library. Changing our hours from Wednesday mornings to afternoons will make it easier for families to get there. Rachael and Michelle will be alternating volunteer librarian shifts this term, so stop in and say hi.

Visitors will also notice some bright new signage at the library.

We pleased to tell you we received a generous \$1240 grant from The Otago Masonic Charitable Trust which allowed us to buy new tear-drop flags, aprons, t-shirts and foot path signage. The aprons look great with our new logo and will come in handy for our sausage sizzle fundraisers.

We think play is the way but sustainability is important too. Have you considered gifting a toy membership for Christmas this year? It's the perfect way to access a huge range of toys without filling your house with junk.

*Pictured: Dunedin Toy Library committee member Meg Stephenson and her son Leon Thomson (4) trying out the new merchandise.*



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# Yoga for kids a fun, relaxing experience

'YOGA JOURNEYS' to exotic destinations like Egypt and the Amazon, as well as learning how to relax, have made for a fun introduction to yoga for pupils at North East Valley Normal School.

Kids Yoga Dunedin teacher Fiona Mather has been teaching a half-hour yoga class in the school library on Mondays and Fridays.

For the 5-7 year olds this means a short warm up game followed by story-time yoga or going on a "yoga journey" to another country. Some favourite stories have been Bad Jelly the Witch and The Enormous Crocodile.

Exotic destinations like Egypt and the Amazon are fun places to enact animals, and getting there is an opportunity to practice cooperation in group poses.

Fun creations include trains and buses, paired up monkeys, long camels and forests and flowers. Physical postures help them to feel their bodies in space, and to develop strength, flexibility and balance.

The class ends with a calming breathing exercise. This is often part of the final "relaxation" where everyone lies on their mat to finish off the class.

For the senior students, yoga classes introduce mindfulness practices as well as physical asana. They learn about how the brain can have its 'fight or flight' setting switched on or off using simple techniques such as breathing exercises, visualisation and single-pointed focus.



North East Valley Normal School pupils, from left, Frieda Chapman, Lizzie Cridge, Marion McMullan, Phoebe Bisley, Rosie Aitken, Stella Abey and Corbin Silby have fun working together to do a long camel pose.



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# Time to change the way we live

THIS MONTH OUR RESIDENT SCIENTIST TACKLES THE PRICKLY SUBJECT OF CLIMATE CHANGE WITH SOME DOWN-TO-EARTH ADVICE ON THE BEST THINGS YOU CAN DO.

THIS MONTH, in time for New Year's resolution making, I'm inviting you to a rebellion!

We enjoy a comfortable standard of living because we worked out that burning coal, oil and gas makes lots of energy, which we can use to get ourselves around, heat ourselves and make things.

But our carbon-burning bonanza over the last 150 years has had a few unintended consequences. We've managed to change the composition of the atmosphere and oceans, much faster than they have ever changed before. We rely on these two things for our very survival – for our liveable climate and food – so you don't need to be a rocket scientist to figure that tinkering with them perhaps isn't such a good idea. Whoops!

The effects of this tinkering – warmer temperatures, rising sea levels, more severe storms and fires, extinctions – are no longer things that will happen in some distant future, they are here now. It's not a case of 'what about our children's children?' but rather 'what about my pleasant retirement?'

As a softy North Islander, it's hard to be worried about shorter Dunedin winters; and 'summers with many more days over 25 degrees' sound fantastic to me! I'm looking forward to planting mangos and pineapples in my backyard, and our old, draughty houses will be most excellent when we have the climate of Northern Queensland.

What I am concerned about is our unique wildlife that will no longer live here because it is too warm (and what will arrive in its place?). And the South D-ites who will have water in their lounge even when it's not raining. And what happens when people in other countries can't grow food or go outside during the day anymore because it's too hot? I just can't see how having millions of hangry people on our doorstep is going to go well. And who will buy our milk powder?

Our wee brains aren't set up to deal with such huge issues, so it's understandable that we tell ourselves it can't be that bad, or 'technology will save us'. But let's not mince words. If we want to have a half-comfortable old age, we must change how we live now. Really. Change. How. We. Live.

So, what to do? The media is generally unhelpful, with their focus on the scary rather than the empowering. And the Government is part of a cumbersome system where change is slow, and motivations questionable – are decisions really made for the good of everyone or an influential few?

But there is plenty we can do ourselves. I asked Prof James Renwick, a climate scientist at Victoria University, what are the most effective things ordinary Kiwis can do?

The best thing: **Talk about it.** Talk with family and friends about the climate changing and what they reckon of it.

**Ask** companies and organisations what they are doing, and what is in the stuff they make?



*Community gardens are a great way to eat local and support local initiatives and community.*

**Vote** for leaders who will push for cleaner and innovative energy, transport and industry.

The next best things you can do are:

- **Fly less.** My family live in the North Island so not flying at all isn't a happy thought. But do I really need a weekend in Melbourne? Can I video into that meeting instead?
- **Reuse more stuff.** Making new stuff uses energy, most of which comes from coal if it is made overseas. And then there's the oil used getting it here.
- **Bike, bus and walk more.**
- **Eat more local and eat more plants.**

It is *actually possible* to have a happy life without imported strawberries, a holiday to Australia every year, and a toy cupboard stuffed full of plastic crap. We live in one of the best spots anywhere, with heaps to do, buy and eat right here.

I'm done with companies taking my money and delivering me an unliveable environment. Let's woman and man up and push back

Even if our planet becomes mostly unliveable because humanity couldn't get its s&%t together, any effort we've made to live more locally won't be wasted. It strengthens our community, which makes us better able to cope with whatever comes our way.

Do we want to be remembered as a people collectively too unimaginative, lazy or scared to change? Or as people who were courageous, innovative and adaptable? The NEV Resistance Fighters anyone? Let's do this!

*For more info on ways to help, check out the Ministry for the Environment website at [www.mfe.govt.nz/climate-change](http://www.mfe.govt.nz/climate-change). There's also more on the science of climate change at <https://royalsociety.org.nz/what-we-do/our-expert-advice/all-expert-advice-papers/climate-change-implications-for-new-zealand/>.*

# Make your own family friendly cleaners

TIRED OF buying costly chemical cleaners? Keen to find family and nature friendly alternatives? Enjoy sharing your recipes?

An upcoming Homemade Cleaner Workshop might be just right for you.

This workshop will be suitable to those who are new to making cleaners as well as to those who already make cleaners.

It will be an interactive workshop with opportunities to make some homemade cleaners from simple ingredients such as baking soda, vinegar, pure soap and soap nuts.

Understand how these ingredients work and how they can be combined as cleaners. Take away a sheet of easy-to-make recipes, one or two sample cleaners, plus information on where you can buy ingredients. Please bring two jam jar-sized containers.

The workshop will be run by Maureen Howard, who was the Dunedin City Council's facilitator for Sustainable Living Courses for nine years until 2015.

The workshop is at 7pm on Thursday 15 November at the Valley Project community rooms, 262 North Rd. The cost is yet to be confirmed.

Registration is essential as numbers are restricted. Please email Maureen on [ecolivinginaction@gmail.com](mailto:ecolivinginaction@gmail.com) or phone 021 206 3593.



Maureen Howard with some homemade cleaners.

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Combining acrobatics and yoga, no partner needed. Beginners classes available. 6–9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email [jooske@gmail.com](mailto:jooske@gmail.com)

### DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

### FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am–11.30am, Fri, \$4. Ph Yvonne 455 2406, [stureid1@yahoo.co.nz](mailto:stureid1@yahoo.co.nz)

### LEARN TAEKWONDO

Korean martial art, supportive environment, family friendly. Training Mon, Thur, Pine Hill School hall, 6–7.30pm. For more details and to register email [dunedinolympictkd@hotmail.co.nz](mailto:dunedinolympictkd@hotmail.co.nz)

### NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages. Ph. Kerri 021 027 93683.

### QIGONG

Classes in Yuan Gong, Ans 027 756 8383, [yuangongdunedin@gmail.com](mailto:yuangongdunedin@gmail.com) Jay 027 584 4537, [www.bodymindqi.com](http://www.bodymindqi.com)

### PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to [parkrun.co.nz](http://parkrun.co.nz) for more info.

### SPAN NEV

Stretch'n'flex, low-impact exercise, fun and friendship, community rooms, 262 North Rd, 10am–11am, Tue, over-65s, \$4. Ph 473 9311.

### SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact [rebeccafishernz@yahoo.co.nz](mailto:rebeccafishernz@yahoo.co.nz)

### STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am–11.30am, Mon, and Pine Hill School Library, 11am, Thur.

### TAI CHI

All welcome from beginners to experienced, all ages. North East Valley Normal School hall, 10–11am, Sun, gold coin entry, [ccy168@gmail.com](mailto:ccy168@gmail.com)

### TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

### THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance—folk and traditional, \$5 or \$7.50/couple, Nga Maara hall, 6pm–7pm, Thu. Ph. Marilyn 473 7829.

### ZEN MEDITATION

With the Dunedin Zen group. Meet 7pm Weds, St Martin's Church in the downstairs room.

### YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Mon–Fri, DNI designspace; 9.15–10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact [adairbruce@hotmail.com](mailto:adairbruce@hotmail.com)

### YOGA WITH HAGINO

All levels, BYO yoga mat, 6–7pm and 7.15–8.15pm, Tues (except 1st Tue of month), \$10/class or \$45 for 5 classes. More info at [haginyoga.com](http://haginyoga.com) or email [hagino.yoga@gmail.com](mailto:hagino.yoga@gmail.com)

## further education

### CITIZENS ADVICE

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, [cab.org.nz](http://cab.org.nz)

### COMPUTER CLASS

A free class to learn how to use computers, 10am–noon, Weds, community rooms.

### FREE LITERACY COURSE

For more information contact Ana & Marg at Literacy Aotearoa, 477 2055.

### FRENCH TUTOR

Beginner to advanced, 30 years experience, hourly rate, ph 473 0159 evenings.

### LEARN ITALIAN

Planning a trip to Italy this year? Fun, communicative lessons Ph. Samantha 021 0831 8408.

### INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph. Jack for more info 473 9565.

### ITALIAN CLASSES

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, 473 0832 [antonella.vecchiato@gmail.com](mailto:antonella.vecchiato@gmail.com)

### LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266, [dunedin@englishlanguage.org.nz](mailto:dunedin@englishlanguage.org.nz)

### STAND-UP COMEDY

Open mic at Inch Bar, 1st & 3rd Thursday every month. Comedy workshop classes every other Thursday, open to all skill levels. For more info contact [reuben@dunedincomedy.co.nz](mailto:reuben@dunedincomedy.co.nz)

## art, craft & music

### ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur and 6pm–8pm, Fri. Ph 027 307 7034, 467 9993, [anneloes.douglas@xtra.co.nz](mailto:anneloes.douglas@xtra.co.nz)

### ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

### KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm–3pm, Wed. Ph Marjory 473 7751.

### ART FIBRE DUNEDIN

Bring lunch and requirements, 10am–3pm, second Sun each month, community rooms, Ph Viv 473 0343, [www.artfibredunedin.blogspot.com](http://www.artfibredunedin.blogspot.com).

### DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

### MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan [bevan37@hotmail.com](mailto:bevan37@hotmail.com) or ph 027 363 1376.

### SENIOR MUSOS

Retired musicians who put on music for an afternoon at the Normanby Bistro. Scones, jam & cream \$3, 3rd Thurs of the month from 2pm.

### SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Clare for more info [clare-n-don@clear.net.nz](mailto:clare-n-don@clear.net.nz)

### UKULELE SESSIONS

Wed, 7–8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

### VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro, 3rd Sun of the month from 2pm.

## community groups

### BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or [www.dunedinchristadelphians.org](http://www.dunedinchristadelphians.org)

### BIKE WORKSHOP

Get help, use our workshop, bikes available for koha, 3.30–6pm Tues, and 9.30am–12.30pm Sat, Valley Community Workspace, 11 Allen St. Contact Peter on [peterd0n@yahoo.com](mailto:peterd0n@yahoo.com)

### MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

### COMMUNITY GARDEN

North East Valley, the top paddock behind North East Valley Normal School, working bees every weekend alternating Saturday 9.30am–noon and Sundays 1–4pm. All welcome.

### COMMUNITY GARDEN

Pine Hill, Dalmore Reserve entrance on Allenby Ave. Working bee dates on Facebook page: Dalmore Reserve Bandit Gardeners. Contact [dalmorecommunitygarden@gmail.com](mailto:dalmorecommunitygarden@gmail.com)

### DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm–5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

### ENLIVEN DAY CLUB

Ross Home, drivers and help with activities needed, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

### LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

### NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

### MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am–noon, Fri, ph Afife 473 8944.

### NEIGHBOUR SUPPORT

Create safer, more caring communities. For more info and local contacts ph Lois on 456 0857 or

# Classifieds and community notices (for non-profits)

## **DUNEDIN ELECTRIC BIKES**

shiny, new & recycled ebikes  
Valley Community Workspace  
11 Allen St  
Tues-Thurs, Sat 9am-2pm  
Fri 9am-5pm. Message us on Facebook  
or ph Nathan Parker 027 214 8294

## **Want health, wellbeing and relaxation?**

Yuan Gong Qigong exercises are  
easy to learn, effective & enjoyable  
All welcome  
For class times or private sessions  
contact Jay 027 584 4537  
www.bodymindqi.com

## **Belleknowes Golf Club**

Green fees \$15  
(after 4pm \$10/player)

Come & enjoy our fantastic 9-hole golf  
course on Lawson Street  
Spectacular views over the city  
Secretary, Christina King, 467 9499

neighbourhoodsupport@gmail.com.

## **REFUGEE & MIGRANT CENTRE**

Mon, 9-11am, Dunedin Community  
House, 301 Moray Pl. Coordinator  
Aife, ph 027 419 3125 or email  
aife.harris@gmail.com To volunteer  
at centre please get in touch.

## **TWILIGHT TINKERING CLASSES**

Mon & Thurs, 7-9pm, 347 North Rd,  
Ph Andrew 021 982 216

## **trading corner**

### **BABYSITTER AVAILABLE**

Experienced 23 year old, have worked  
with children of all ages. Ph. Kelly  
027 697 9194.

### **COMPUTER SERVICES**

Trouble-shooting, tuition, low rates.  
Ph Dave 473 9542, 022 635 9414 or  
email davemaxz@actrix.co.nz

### **DAFFODIL BULBS**

Highly scented, winter-flowering  
(June-Sept) jonquils, \$3 each or \$10  
for five. Ph 473 0159 evenings.

### **FLATMATE WANTED**

Two rooms to rent, separate kitchen-  
ette and bathroom, OSP, Opoho,  
\$200/wk. Contact 021 195 4882.

### **KNIFE SHARPENING**

Mobile knife sharpening service for  
house knives, \$15/knife.  
Ph. 022 416 5446.

## **HOUSE-MINDER**

House-minder avail to look after your  
house, pets & plants, late July on-  
wards. 12yrs experience in Dunedin  
area. Ph Jeffrey 027 4467 915 or  
email jeffreyhrobinson@yahoo.co.nz

## **HOUSE WANTED**

2-3 bedroom house in wider NEV  
area. Private sale pref. All approved &  
ready for fast sale. I am a local artist  
who would like to make Dunedin my  
permanent base. Ph Nadia 027 784  
9787.

## **LAND WANTED**

Looking for people with unwanted  
lawn/disused gardens which are cen-  
tral, flat & sunny to set up an urban  
cut flower farm. Looking for about  
40m<sup>2</sup> which could be over several  
locations. Land owners will be provid-  
ed with a supply of flower bunches.  
Email Esther estherloaderboss-  
hard@gmail.com

## **LOG SPLITTER FOR HIRE**

Commercial power Briggs & Stratton  
Model 12000 Vanguard. Local pick up  
& delive with full tank, \$50/day. User  
responsibility, ph 473 0393.

## **ROOMS FOR RENT**

Flatmate wanted for mature lady, 2  
bedrooms with separate kitchenette  
& laundry, OSP, \$200/wk.  
Ph 021 195 4882.

## **SENIORS HAIRDRESSING**

Retired senior hairdresser providing  
service for seniors. Your home or  
mine. Dunedin North only. Ph. Helen  
467 9644 or 021 104 1011.

## **church services**

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and

3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, children & family service, 4.30pm,  
3rd Sunday

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, community rooms, 9.30am, first, third and fourth Sun-  
days, cafe service, contact Cameron Sinclair on sinclairs@snap.net.nz

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

## **for families, kids & teens**

### **ACTIVE MUSIC**

For 0-5yrs, with Yvette, 10.30am  
Wed, Valley Baptist Community  
Centre, 270 North Rd, ph 473 9413  
or nevplaygroup@gmail.com

### **ATHLETICS & HARRIERS**

Children 3-6yrs and 7+yrs, Ching-  
ford Park Clubrooms, 5.30-6.45pm,  
Mon, and Caledonian grounds, Sat  
morn. www.leithharriers.co.nz

### **CHINESE FOR KIWIS**

Ages 6-12 Bear Cats Club to learn  
Chinese, Tues, 3.30pm-4.45pm, St  
Mark's Church, 304 Pine Hill Rd. Ph  
021 589 075, chineseforkiwis.co.nz

### **DUNEDIN TOY LIBRARY**

A vibrant toy library for children  
from birth to 7 years. Huge range  
of toys, ride-ons, dress ups,  
puzzles, games. St Martin's Hall,  
Northumberland St, 3.30-4.30pm  
Wed, and 10-11.30am Sat.

### **GIRLS BRIGADE**

Dunedin Girls Brigade Company, all  
girls, from age 5 up welcome. 6-  
7.30pm, Wed, St Marks Presbyteri-  
an Church Hall, 304 Pine Hill Rd.

### **MINI MUSIC GROUP**

Preschool music and movement  
session, 9.15-9.45am, Mon, Nga  
Maara Hall, Sacred Heart School,  
school terms, gold coin. All wel-  
come.

### **MT CARGILL GIRL- GUIDES**

Pippins, brownies, guides and rang-  
er groups in the valley. Ph. 0800  
222 292 or info@girlguiding.org.nz

### **OPOHO PLAYCENTRE**

Sessions for 0-6 year olds, 9am-  
noon, Mon-Fri, school terms, 28A  
Signal Hill Rd. Visitors welcome.  
For more info ph. 473 0819 or  
email  
opoho.playcentre@yahoo.com

### **OPOHO SCOUTS**

Keas, 5.30pm-6.30pm, Tues; Cubs,  
6pm-7.30pm, Thur; Scouts, 7pm-  
8.30pm, Wed. Opoho Scout Den,  
Ph. Kevin 0800 SCOUTS.

## **PLAYGROUP**

Leith Valley Church, Malvern St,  
10am-noon, school terms. Ph. Julia  
027 635 8181.

## **PRESCHOOL MUSIC**

At Opoho School, 9am-9.30am,  
Fri, during school term, Room 3,  
gold coin, drop in, Ph. 473 8019.

## **SPACE FOR BABIES**

Space for you & your baby. Pro-  
grams run by registered ECE teach-  
ers supporting families through  
their first year with a new baby,  
school terms, 12.30-2.30pm, day  
to be confirmed, Valley Baptist  
Community Centre. Ph 473 0014 or  
space.valleybaptist@gmail.com  
more info www.spacenz.org.nz

## **NEV PLAYGROUP**

For 0-5yrs, variety experiences to  
enhance development of your  
child, meet other local young fami-  
lies, free morning tea & lunch pro-  
vided, Valley Baptist Community  
Centre, 270 North Rd, 9am-  
2.30pm Tue & Wed. Ph 473 9413  
or nevplaygroup@gmail.com

## **SUNDAY SCHOOL**

Variety of classes with stories,  
crafts, songs and more. Ages 4-  
18, 9.30am Sun mornings (term  
time only), DNI (tech area). All  
welcome, no charge. Ph. 020 4079  
5727 or  
www.dunedinchristadelphians.org

## **RUDOLF STEINER**

Dunedin Rudolf Steiner playgroups,  
Te Whare Ako Marie, Pinehill and  
Maia. A sanctuary of creative play  
for children from birth to kindergar-  
ten and a place of peace and  
friendship for parents. Groups meet  
weekly, term time. For more info  
contact 471 2163 or dunedin-  
steinerplaygroup@gmail.com

## **YOUNG PARENTS**

Young Parents Group Te Roopuu  
Maatua Maahuri, where young  
parents come together to share  
and support each other. For par-  
ents who had their first child be-  
fore 26 years. Children welcome.  
1-2.30pm, Thurs, community  
rooms. Ph Emily 021 125 0850.

## **THE BREAST ROOM**

Free peer support and help around  
breastfeeding. All parents wel-  
come. Every Wed, 10.30am-  
12.30pm, community rooms.

## **TINKER SCHOOL**

Afterschool courses, Mon-Fri,  
3-5.30pm, 347 North Rd. Ph  
Andrew 021 982 216.



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Disclosure Statements are available on request and free of charge.

## The Normanby Tavern

Bar open from 11am daily  
(open from 3pm Mon & Tues)  
Bistro open Thurs-Sunday  
Lunch 11.30am-2pm  
Dinner 5-8pm

**Kiwi Poker League  
7pm Thursdays**

Compassionate  
guidance, support  
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**Harcourts**

# Help needed to care for and eat orchard harvest



Volunteers help out and tend to  
currant bushes growing in Pine  
Hill. Photo: Joanne Inder

**HAVE YOU** been wondering who the fruit trees  
and bushes in Pine Hill belong to? They belong to  
all of us and we want to help you get to know  
them. We'll be working in the orchards on Satur-  
day 24 November between 4pm and 5.30pm.

Join us as we introduce you to the pears, apples,  
hazelnuts, walnut, plum, quince, and all the  
currant bushes that are planted in various areas  
within a short walking distance of Pine Hill School.

We've been looking after them for around eight  
years now and have grown to know and love these  
trees and bushes. They're now at a productive

stage in their lives and we were happy to see the  
pear trees bowed down under the weight of fruit  
last year.

We'd like you to help us eat the harvest this year.  
The more people who know about the trees the  
better they grow. We want to show you where  
they are planted so you can help us keep an eye  
on them each time you pass by. Your caring eye is  
valuable to the trees.

Text Charlotte on 021 0817 7684 to let her know  
you're coming along. Bring gloves, garden tools  
and buckets or just yourself.—Charlotte Flaherty

## New team member at project



*Tessa Petley has been employed for administration work at the  
Valley Project, but found herself at the sewing machine putting  
together flags for the garden tour last month!*

## what's on

### make cleaners

Learn how to make your own  
cleaners using simple, basic  
ingredients. Workshop on at  
community rooms, 7pm,  
Thursday 15 November. Reg-  
istration essential (details on  
page 9).

### OpenVUE hui

Come along and learn from  
school pupils' research. All  
welcome, Saturday 1 Decem-  
ber, 2-4pm, Nga Maara Hall.

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**LJ Hooker**

W: 03 470 1370

M: 027 201 6625

E: Debbe@ljhdunedin.co.nz



**LJ Hooker**

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