



Down here at Valley Project HQ we're gearing up for our annual general meeting (AGM), and the whole community is invited!

So what's the deal with the AGM? It's a yearly get-together where we, the Valley Project, present to you, the community, about what we have been up to this past year.

We're also on the hunt for some fresh team members for our board of executives, and there are vacancies for Chair and Secretary. If you want to nominate someone or have any queries about submitting nominations, get in touch with [sarah@northeastvalley.org](mailto:sarah@northeastvalley.org).

This year's AGM will be focused around food security and what that means to our community. Being 'food secure' means that everyone has physical, social and economic access to adequate, safe and nutritious food in order to

live an active, happy and healthy life.

In the wake of Covid-19 we've seen a spike in statistics of food insecurity within Aotearoa – a result of people losing their jobs, panic-buying at supermarkets, the constant inflation of basic expenses like housing, and so on. Inaccessibility to adequate and nutritious food means our bodies lack the essentials we need to function, without which health issues arise. Families in food-insecure households may experience developmental and behavioural problems, asthma and higher rates of obesity. And let's not forget the adverse effects that all these stresses have on mental health.

Please come along to the AGM on 17 June and let us know your thoughts on how we can work together to create a food-secure community.

- Jess Covell

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# Run-believable achievements

Community member and ultra trail runner Glenn Sutton has just completed a long-distance run from Milford Sound to Aoraki Mt Cook, dubbed 'Sounds 2 Summit'. Not only did it involve incredible scenery but it was a test of his physical and mental strength. So what prompted Glenn to embark on this arduous journey? He says it was something he'd been thinking about for the last few years. He set himself the challenge of completing the 580km trail in five days and in addition to raise \$20,000 for Otago Community Hospice, a charity close to his heart. And do you know what? Glenn not only managed to run the full 580km but he also raised more than \$20k on his give-a-little page. I had a wee chat to Glenn about the run, the ups and downs, and what it felt like to reach the finish line.



## How did you manage such a feat? What kept you going?

I had a great support crew and perfect weather conditions. My body is pretty much injury free. Motivational support from family, friends and strangers was a huge factor. I did not want to come up short and fail, I wanted to see it out to the end.

## It looks like you had an epic support crew! Was this just made up of family and friends?

Yes, both family and friends, along with members of the public whom I did not know, at various stages.

## Was this your first time running such a distance?

I have previously run many long distances including milers and various ultra runs. My second-longest run was from Haast Beach to St Clair Beach which was 427km, in 2017.

## I heard you weren't able to run through the Homer Tunnel, but that you ran on the spot in the back of the van for the duration.

Haha, yeah, I ran in the back of the camper van for a bit of a laugh for a few minutes.

## What was the hardest part?

Getting to Milford Sound physically and mentally fit to take on such a challenge.

## What was the most memorable moment of the run for you?

Coming off the Lindis Pass and its summit as a rainstorm cleared and the sun came out.

## How did you feel post-run? Were you relieved to reach the end?

It was pretty emotional to reach the end, I was very exhausted. It still hasn't sunk in that I was able to pull that distance off.

## You must be incredibly proud that you raised over \$20k for Otago Hospice.

I am beyond stoked to raise such a significant amount for Otago Community Hospice, and being able to reach that figure for them is truly humbling.

## Would you do it again?

I would love to challenge myself again, but with a different route.

I'm so incredibly proud of Glenn and I don't even know him! What he has achieved is utterly amazing. Huge thanks must be given to his incredible support crew of friends and whanau, and Otago Hospice too, who were with him every step of the way.

To keep up with Ōtepoti ultra trail runner and local valley legend Glenn Sutton, follow his Facebook page. No doubt he's already concocting his next challenge!

[www.facebook.com/GlennSuttonAthlete](https://www.facebook.com/GlennSuttonAthlete)

- Jess Covell

# The magic of curtains



The Valley Project is passionate about sharing information and resources that will help people in our community make their homes warmer and healthier during cold months. I'm going to find the most relevant topics to share each month in this feature during the winter season.

This month I'm excited to share information from an article based on new research conducted by BRANZ, Beacon Pathway, Home Performance Advisor and Sustainability Trust.

While curtains are not yet part of Healthy Homes Standards, they play a critical role in locking warmth in our homes. We can lose up to 38% of our heat through windows. This is significant as many homes have insulation in ceilings and under the floor but not on windows. Our windows are the weakest link.

The research confirmed that the best way to retain heat and be comfortable is to have curtains that are:

- long (ideally to the floor)
- thickly lined
- installed on a track that is fitted tight to the wall (or having a pelmet, rolled towel etc to stop air flowing from the track down the back of the curtain) that can be closed on cold nights with a good fit.

If you have short curtains, try:

- moving your furniture away from the windows
- finding a way to close the gap at the bottom of the curtain
- lengthening your curtains so there is no gap at the bottom
- unpicking the hems of your curtains so they puddle or drag on the floor.

If you have a large gap between the curtain track and the wall, try:

- laying a rolled sheet or towels along the top of the track.

If you have unlined or thinly lined curtains, try:

- adding linings to existing curtains (if you rent your home, you can take the linings with you when you leave)
- hanging blankets or duvets as a second layer.

If you have no curtains, try:

- hanging blankets or duvets bought from a second-hand shop
- checking if you are eligible for curtains from a curtain bank.

If you are getting draughts (cold air movement) around your curtains, try everything above and:

- draught-stopping your windows
- closing curtains carefully at night
- using Velcro dots to hold the sides of curtains against the wall.

Thanks to Vicki Cowan from HPA for pointing us towards this valuable information and BRANZ for giving us permission to use these images.

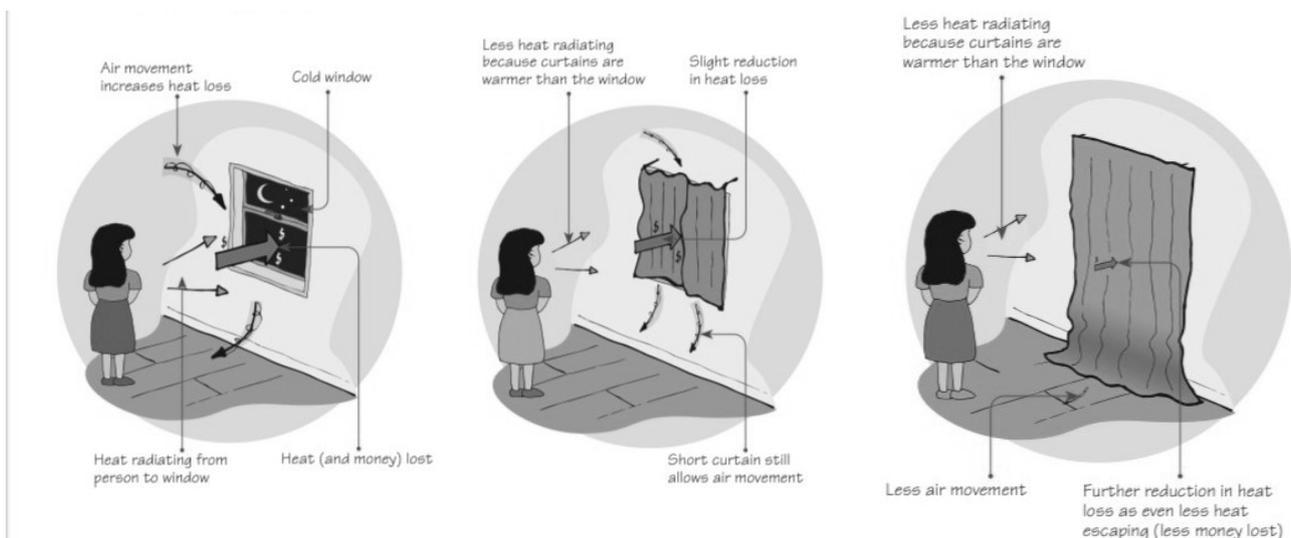
For the full article, follow this link:

[https://d39d3mj7qio96p.cloudfront.net/media/documents/The\\_Magic\\_Of\\_Curtains.pdf](https://d39d3mj7qio96p.cloudfront.net/media/documents/The_Magic_Of_Curtains.pdf)

We are lucky to have a curtain bank here in Dunedin. For more information on their services go to

<https://dunedincurtainbank.org.nz/>

- Charlotte Wilson



# Beholding Backyard Birds

New Zealand Garden Bird Survey: 26 June to 4 July

more likely to spot them!

It's coming up to a time of year that I love, when I wrap up warm and find a nice possie in my backyard to sit for an hour just watching and counting which birds come and visit. I also find it's a great time to reflect on all of the other wonderful things about my back yard – the harakeke that when flowering attracts tūī and the koromiko, which often has tauhou and insects bouncing around it; or the vege patch that my flatmate has grown to harvest from.

The NZ Garden Bird Survey is an annual Citizen Science study led by Manaaki Whenua – Landcare Research, which aims to learn about the different birds within urban and garden environments. This study is incredibly important to enable us and researchers to find out if all of the mahi that we put into planting, weeding and trapping is having a positive impact on the environment. Healthy populations of birds are a really good indicator that the environment is healthy too!

Although there can be a bit of a chill in the air, winter is a good time for the survey, as that is often the time when birds spend more time in back yards looking for food and shelter, so you're

If you're keen to take part in the NZ Garden Bird Survey, choose any one day between 26 June and 4 July, find a nice spot in your back yard (or local school grounds or park) for an hour and count the birds. Encourage your family and friends to take part too – more information means we have a better understanding of the whole picture! Feel free to come down to the Valley Project to pick up a tally sheet or check out [www.gardenbirds survey.landcareresearch.co.nz](http://www.gardenbirds survey.landcareresearch.co.nz).

- Clare Cross



Kereru snapped by Jess Corbett

## UPCOMING EVENTS

### WORKING BEES

- **Propagation Nursery:** working bees are on every Thursday morning and the fourth Saturday morning of the month (**26th June**) from 10am-12pm. Find the Propagation Nursery behind Blacks Road Grocer! Come along and grow your own native plants or grab one for your backyard!
- **Chingford Park "Riparian Rhapsody":** Join us for habitat restoration on the fourth Sunday morning of the month (**27th June**) from 10am-1pm. Find us working at the Disc Golf hole 8 tee. Come along and grab a little time out in nature and help us restore native trees in a corner of Chingford Park!

For postponements and cancellations, please see the Open VUE Facebook page.

For working bees, remember your sturdy shoes, warm/wet weather clothing and water bottle!



### TRAP LIBRARY

- The **Trap Library** is open during the Valley Project opening hours (Tues - Fri 9am-3pm and Sat 10:30am-2:30pm). Grab some friendly advice and monitoring devices or traps for possums and/or rats!

### COMMUNITY

- **New Zealand Garden Bird Survey** from **26th June to 4th July** - Pick up a tally sheet from the Valley Project go to [gardenbirds survey.landcareresearch.co.nz](http://gardenbirds survey.landcareresearch.co.nz) and take part in an awesome Citizen Science project throughout NZ!

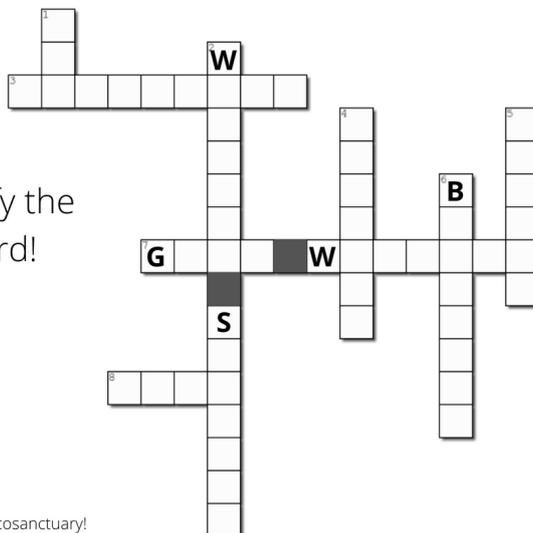
## Kids' Corner

Use the clues to identify the birds in this crossword!



Find the answers on page 8!

Fantail by Madison Kelley from Orokonui Ecosanctuary!  
Blog: [northeastvalley.org/blog/categories/open-vue](http://northeastvalley.org/blog/categories/open-vue)



### Across

- I have a silver ring around my eyes.
- I'm grey and I love to sing.
- I am known as the forest parrot.

### Down

- I'm also sometimes known as the "Parson bird".
- I have long pointed wings and like to 'Welcome' in spring.
- I have a fan-shaped tail.
- I am also known as the wood pigeon.
- I am mostly green and love to drink nectar!

Created using the Crossword Maker on [TheTeachersCorner.net](http://TheTeachersCorner.net)



# Ōpoho artist creates online platform to showcase local creatives

Kia ora,  
Are you an artist or creative who would like to host art on a local web hosting page?  
I have a page where you can show for sale or not.

It's called [xenia.nz](http://xenia.nz)

It is a koha-based facility. (Pay what you can if you can, no set rate or expectation.)

On Xenia, you can display photos, music, animations.

If you are interested in sharing something, please email

Eliza at [artherenow@gmail.com](mailto:artherenow@gmail.com)

Ka mihi.



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# From sky to tap: An investigation into where our drinking water comes from

After my last story on pipe renewals, it struck me that I didn't know where our water comes from, which seemed rather shameful: the stuff that I stand under in the shower for far too long each morning, one of the few things I literally cannot survive without, and which I expect to just appear out of my tap when I want it – without much of a thought for how it gets there.

So it was back to the DCC and Mike Perkins, Network Operations and Maintenance manager, to find out how my water gets from the sky to my tap – a process more complex than I imagined.

Our drinking water starts life in the heaving expanse of the Pacific and Southern Oceans where it is hoovered up by atmosphere, swept along in the clouds and drizzled onto the high tussock land of the Lammermoor Range west of Clarks Junction. That rain slides into Deep Creek and Deep Stream, which are captured behind weirs and the water whisked off in two 60km pipes to the Mount Grand water treatment plant, high above Kaikorai Valley. Surplus water is stored here in an open reservoir in case something happens to the supply from the Deeps.

Here the water is filtered to remove silt, larger bits of twig and leaf and the odd fish. The smaller bits of dirt and vegetation, which give the water a tussocky-peat-boggy brown colour, are removed by the fabulously named process of flocculation, where aluminium sulphate is added to the water, which attracts the small particles. The resulting clumps, called floc, are scooped off, and the water is filtered again through sand, leaving clean, clear water. But wait, there's more – the water is fluoridated to keep our teeth strong, then chlorinated to kill any bugs. Finally, lime is added to reduce the water's acidity so that it doesn't corrode our pipes or offend our tastebuds.

Mount Grand is located where it is (up high) so that water can be delivered to most of Dunedin using gravity. However, supplying water to the highs and lows of Dunedin is an exercise in balancing water pressures through a many-tentacled pipe network. Feed every house in a valley from the top and the pressure would be so high at the bottom it would blow out people's taps; but feed every house from the bottom and the water pressure would be a dribble by the time it gets to the highest house.

From Mount Grand our water snakes towards us through Fraser Gully and Kaikorai Valley to Maori Hill. From here some of the water goes into a reservoir at the Highgate–Drivers Road roundabout (*that's what's behind that brick wall*), which feeds lower North East Valley via a water main that dives down the Bullock Track and heads up North Road. The rest of the water heads directly down a second Bullock Track pipe to the Leith Valley, and there's enough pressure at the bottom to push the water right up to reservoirs at the top of Signal Hill and Pine Hill. The Pine Hill reservoir feeds houses down to Orbell Street, and the Signal Hill reservoir feeds Opoho houses down to Evans Street (as well as Ravensbourne to Port Chalmers). A pipe from the top end of Evans Street takes water to the Mt Mera reservoir at the top of Normanby and this feeds upper valley houses down to Watts Road.

I don't think I'll be shaking my long shower addiction any time soon, but I now appreciate more the water's long journey, and the effort involved.

- Helen Jack



The source of your drinking water: the unique high tussock lands of the remote Lammermoor Range. Photo: Daniel Jack

## Research participants needed: A self-care programme for informal carers of stroke survivors



Our research project aims to test whether a special programme that helps people to learn coping skills can help carers of stroke survivors maintain their well-being.

### Are you eligible?

We are looking for adult informal carers (family/whānau members or friends) who provide unpaid personal care, support and assistance to a person who had a stroke six or more months ago.

### What will you be asked to do?

As we are still testing the programme, if you agree to participate in this study you will be randomly (by chance) allocated to attend either the programme or to continue with what you are presently doing (for example, maybe you already attend a carers' support group). If you are allocated to the programme group, you will participate in a six-month pro-

gramme starting June 2021 through to November 2021. You will attend this programme for two hours, once a month. The programme will teach you skills of positive coping and ways to support your well-being.

We will provide a \$30 grocery voucher as a token of thanks for your participation in this study, no matter which group you are allocated to.

### Interested?

If you meet the requirements and want to participate, please contact:

Clinicalresearch.physio@otago.ac.nz  
University Tel: 0800 687 489

# Local Business Spotlight: Jumbo Dairy

Before it was a dairy, The Jumbo that we all know and love was a fruit shop, owned by the Freeman family. Gordon Davidson took over in 1984 and has run it as a family business ever since. The night before launching his new venture, he was pondering what to call it. A particularly delicious takeaway pizza inspired him, and the Jumbo was born. Soon after opening, a local artist and signwriter Doug Pope created the Pink Elephant masterpiece that still adorns the shop today. An iconic Valley store was born.

When Gordon and his whānau first began, they retained the fresh produce and had fruit and vegetable stalls outside the front of the shop. Those were the days before there was a supermarket in the area, so they functioned as more of a grocery. Hot bread on Sunday was a popular offering. The store has evolved in response to the changing population demographic in the valley, and now stocks more convenience-type products, the generous ice creams and thickshakes being of particular note.

Gordon and his partner Debbie Green have long been active supporters of our community. Whether it be sponsoring free ice creams for kids at the last Creekfest, or refusing to stock 'party pills' in the store at a time when a lot of dairies were doing so, they have always had the best interests of the locals at heart.

So next time you fancy a cheeky Jimmy's pie or a 'mostly ice cream' thickshake, head down and see one of the friendly team at The Jumbo, on the corner of Chambers Street and North Road. They'll see ya right.

- Marama Smyth



## trade directory

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# What's on?

Your monthly guide to Valley events, talks, workshops, gigs and the rest.

To list your event please contact Jess by the 20th of the month: [voice@northeastvalley.org](mailto:voice@northeastvalley.org)

## SOUP & ACTIVITIES

Every Saturday down at VP HQ we have a delicious pot of homemade vegan soup and family friendly activities.

11 - 2pm

### Propagation Working Bee

Every Thursday 10-12pm

Saturday 26 June 10-12pm

Gate behind Blacks Road  
Green Grocers on Blacks Road.

### Chingford Park Working Bee

Sunday June 27

10am - 1pm

Chingford Park.

### JP Service

Every Saturday 11 - 1 pm

At the VP community rooms

## PRELOVED MARKET



248 NORTH RD, NORTH EAST VALLEY  
5TH JUNE  
9AM-1PM



## Micro-worlds in Chingford Park



Sunday June 13 11am - 1pm

Register via email: [openvue@northeastvalley.org](mailto:openvue@northeastvalley.org)

AGM  
June 17  
VP HQ  
6-7:30pm

### Kids' Corner Answers

Across - 3. Silvereye, 7. Grey Warbler, 8. Kaka

Down - 1. Tui, 2. Welcome Swallow, 4. Fantail, 5. Kereru, 6. Bellbird

## inchBar

All events FREE unless stated. Koha is encouraged.

4/6 - An evening of rhythm and blues with **Jacob Reeve** 8pm

5/6 - Acoustic rock with **Boaz and Jacob** 8pm

6/6 - An afternoon of folk/country/pop covers with **Graeme Peters** from 4pm

8/6 - Open mic feat **Zac Nicholls**, lead vocalist of Ōtepoti's dynamic surf-psych quartet Koizilla.

9/6 - **Comedy** Open Mic \$5 7pm

10/6 - Acoustic rock with **Boaz Anema** 8pm

11/6 - Mellow acoustic covers and originals duo **The Pop Tops** 8pm

12/6 - Co-Cained an evening of music with **Jackson Caine** 8pm

13/6 - Afternoon jazz session with **Big Jazz Apple** fom 4pm

15/6 - Open mic feat **Keira Wallace** in celebration of her dreamy new single "Laying In The Grass"

17/6 - Gypsy jazz with **Djangocalypse Trio** 8pm

18/6 - Jazz, rhythm & grooves with **Bare Essentials** 8pm

19/6 - Singer songwriter **Terry Ebeling** 8pm

20/6 - Afternoon jazz session with **Big Jazz Apple** fom 4pm

22/6 - Open mic feat **Maddy PC**

23/6 - **Comedy** Open Mic \$5 7pm

24/6 - Local blues legends **Hoot** 8pm

25/6 - **Rose Lubransky + Groundfloor** fusing indie dream girl vibes with jazz and surf rock 8pm

26/6 - Surf punk rock with **Katharticus** 8pm

27/6 - Afternoon jazz session with **Big Jazz Apple** fom 4pm

29/6 - Open mic feat **The Something Quartet** 7pm

For all booking inquires email: [inchbarevents@gmail.com](mailto:inchbarevents@gmail.com)

## ADJØ

12 June: Winter Doom featuring Fleshbug + Sunflower Scent. FREE 7.30pm

19 June: *In Bed With The Feminists*. Local poet Liz Breslin's book launch.

Liz will be performing along with Tāmaki poet, Dominic Hoey, short story writer Sam Te Kani and local guests. \$10/\$15 via [undertheradar.co.nz](http://undertheradar.co.nz) 7pm.

**ADJØ's art meetups:** Create in good company at ADJØ's art meetups. Bring your own materials and draw/paint/make as you wish - these are monthly check out [www.facebook.com/adjodunedin](http://www.facebook.com/adjodunedin) for more deets.

## Thanks and updates from The Ōpoho Playcentre



A big thanks to the North Dunedin Shed Society (MENZSHED) for building a new storage area for our sand-pit toys at Ōpoho Playcentre. It gives the little ones great access to toys with different levels.

Ōpoho Playcentre whānau recently completed a comprehensive first aid course thanks to funding from the Bendigo Valley Sports & Charity Foundation. Keeping our tamariki, their family and visitors safe at Playcentre is very important to us. Playcentre whānau have brushed up our skills in first aid, getting qualified and covering things such as choking, allergic reactions, fractures, asthma attacks, burns, and more - thanks also to Workplace First Aid Training who delivered our course. Visitors are welcome at Playcentre Mondays - Fridays from 9 am - 12 pm.



# Join Us!

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Mondays 6 – 7 pm (beginners & white belts)  
Mondays 7 – 8 pm (yellow belts & above)

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[www.facebook.com/JKADunedin](http://www.facebook.com/JKADunedin)

# valley garden journal

## Meet Community Gardener Wendy Fallon

When did you join the Community Garden, and why?

On the Garden's first anniversary they had an open invitation to people to come and find out more about the Garden now it was under way. I was the only member of the public to attend – but they got a stayer, because I'm still there nine years later.

I joined to gain a wider circle of friends in the Valley, and that has certainly happened. I wasn't a gardener when I first turned up, but I've learned such a lot about gardening since then.

Why do you enjoy your work in the Garden?

It's a good way to spend my time, out in the fresh air – cloudy and cool, or sunny. I enjoy meeting my friends each week. There's a good range of people, mostly younger than I am, all working hard, exchanging ideas and knowledge and recipes, and thoughts about what else is going on in Dunedin at the time.

I still feel I don't know a lot about gardening, but I like experimenting – plants and vegetables that are new to me, and new ways of using them too.



North East Valley  
Community Garden  
Sat 5 & 19 June  
9.30 – noon  
Sun 13 June  
1 – 4 pm

Dalmore Reserve  
Community Garden  
Check  
[www.facebook.com/DalmoreCommunityGardenPineHill](http://www.facebook.com/DalmoreCommunityGardenPineHill) for upcoming events and working bees.

## fitness & health

### CONTRA DANCE

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

### DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

### FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne

455 2406, stureid1@yahoo.co.nz

### KUNG FU

Fitness, discipline and self defence. Classes for 7-12 years Wed, 5-6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Nga Maara hall. Contact Kenneth Dunedin@shaolinkungfu.co.nz or 022 094 6357.

### PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

### STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

### SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact rebeccaflashernz@yahoo.co.nz

### TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

### THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance - folk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm-7pm, Thu. Ph. Marilyn 473 7829.

### ZEN MEDITATION

Zen Meditation - Traditional Zen for beginners and experienced people. All welcome. 7pm Thursdays at the Quaker Rooms, 15 Park Street, Dunedin North. Koha please. 6 week beginners courses through the year. 7 day retreat on Quarantine Island annually. Any questions phone Glenn 473 6256

### YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon & Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

### KIND LIVING

Relaxing Massages for Mind and Body, Aware Yoga and Self-Leadership Coaching, now on offer in the Valley.

Valley dwellers and friends are invited to ask for a special discount on their first Massage (May only). Visit [www.kindliving.co.nz](http://www.kindliving.co.nz) or contact Uschi 027 360 0238.

## further education

### CITIZENS ADVICE

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, cab.org.nz

### INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph. Terry Boylan ph. 4730049

### ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation

ph 027 3418312, 473 0832

antonella.vecchiato@gmail.com

[www.italianclasses.co.nz](http://www.italianclasses.co.nz)

### LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266.

dunedin@englishlanguage.org.nz

### NATIVE FRENCH TUTOR

Conversation, preparation for exams, for adults and children.

Hourly rate. Ph. Sandrine, 021 10 75 814 or sanfeillet@gmail.com

French Up Your Life!

### SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. Ph Luana 027 284 7836 or luana.suarez26@gmail.com

### STAND-UP COMEDY

Open mic at Inch Bar 1st and las Wednesday in Feb. Comedy workshop Mondays 5-7pm at George St McDonalds. Open to all skill levels. Contact reuben@dunedincomedy.co.nz

## art, craft & music

### ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

### ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 025.

### KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

### ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, [www.artfibredunedin.blogspot.com](http://www.artfibredunedin.blogspot.com).

### DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

### MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan37@hotmail.com or ph 027 363 1376.

### SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30-8.45pm. Email Marion for more info marion.okane68@gmail.com

### UKULELE SESSIONS

Wed, 7-8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

### WOMEN'S ART GROUP

An art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Fri 11:30 - 1pm, community rooms, 262 North Rd.

### LEARN TROMBONE

From winner of Dunedin Youth Jazz Festival best trombone and Otago Rockquest best musician - contact Finnbar ph 0273562881 fin.mckinlay@gmail.com

## community

### BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or [www.dunedinchristadelphians.org](http://www.dunedinchristadelphians.org)

### BIKE WORKSHOP

Get help, use our workshop, bikes available for koha, 3.30-6pm Tues, and 9.30am-12.30pm Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

### COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call 0800 113 160, [kiaora@dca.org.nz](mailto:kiaora@dca.org.nz) or [www.dca.org.nz](http://www.dca.org.nz).

### ENABLING LOVE

Looking for friendship and social connection? 18-65 years welcome to our weekly coffee group at Otago Museum cafe, Thurs, 1-2pm. More at [www.enablinglove.nz](http://www.enablinglove.nz) or contact Joshua for venue at [enquiries@enablinglove.nz](mailto:enquiries@enablinglove.nz)

### DUNEDIN REFUGEE &

### MULICULTURAL WOMEN'S GROUP

Dunedin Refugee Centre, meet community rooms, 262 North Rd, 9.30-11.30am, Fri. Ph Afife 473 8944.

### FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online [fruit.vege.allsaintsdsn.org.nz](http://fruit.vege.allsaintsdsn.org.nz)

### LEGAL ADVICE

Free legal advice at Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions.

Telephone 03 474 1922 or email [reception@dcl.org.nz](mailto:reception@dcl.org.nz) to make an appointment.

### MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Peter 455 1256, [peabee@xtra.co.nz](mailto:peabee@xtra.co.nz) or ph Don 473 7544.

### DALMORE COMMUNITY GARDEN

Pine Hill, Dalmore Reserve entrance on Allenby Ave, We need more gardeners, please get in touch if you can help or come along to one of our working bees on the 2nd and 4th Sunday each month at 3pm. [dalmorecommunitygarden@gmail.com](mailto:dalmorecommunitygarden@gmail.com)

### WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through our Facebook page Wild Dalmore Reserve or phone/text 021 206 3593 or more info

### NORTH EAST VALLEY COMMUNITY GARDEN

The NEV Community Garden is directly behind NEV school. Pay us a visit! We meet every weekend: hours in the Valley Garden section in this Valley Voice.

### DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

### NEED A JP?

Contact Colin Lind to arrange to meet, ph 473 7174 or 027 733 0066 or [colin@lind.co.nz](mailto:colin@lind.co.nz).

### NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

### NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For more info and local contacts ph Joy Davis on 456 0857 or 027 476 6047

neighbourhoodsupport@gmail.com.

### COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome – for info call Garry on 027 3641485

### ST CLAIR 125TH JUBILEE

June 4-6. Registration info available via email [125years@stclair.school.nz](mailto:125years@stclair.school.nz) via St Clair school facebook or at the school.

### VOLUNTEERS NEEDED

CREST Train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance, secretarial duties. [lwww.crestrides.org.nz](http://www.crestrides.org.nz) or phone Rodger 0274714902

## trading corner

### BABYSITTER

10 years of childcare experience, full drivers licence. Have worked with twins. Ph Kelly 027 697 9194 .

### BABYSITTER

High school student available for babysitting evenings and weekends. Ph Laura 027 905 9911 after 4pm.

### BABYSITTER IN NEV

Experienced, 26 year old, children of all ages. Wide hourly availability. Ph Luana 027 284 7836 or [luana.suarez62@gmail.com](mailto:luana.suarez62@gmail.com)

### CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. Ph 473 0159 evenings.

### COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Call Matt 022 048 0012.

### GARDENER

Gardener available, light weeding/trimming, winter rose pruning, very experienced, \$30/hr, ph 473 0159 (evenings)

### HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ph Helen 467 9644 or 021 104 1011.

### GARDENER AVAILABLE

Mature woman seeks gardening work, phone Jude 4731650

## COM2TECH

Classes, device help, Skinny JUMP setups.

Tuesday 3.30-5.30pm Valley Baptist Community Centre-Tech Space.

CodeClub4Teachers

CodeClub4Kids

Wednesday

10.30-12.30 Valley Project

3.30-5.30 Valley Baptist Community Centre-Tech Space.

CodeClub4Kids

Stepping up

Better Digital Futures

Contact: Amy Souquet

Phone: 0272569182

Email: [amy@com2.tech](mailto:amy@com2.tech)

Web: [www.com2.tech](http://www.com2.tech)

Facebook @Com2Tech

## housing

### HOUSE SHARE

Furnished house share in sunny part of Dalmore. Bus stop adjacent, on street parking, heat pump and fire. Non-smoker (inside or out) no pets, social drinker only. \$225 p/w power and internet included, firewood for winter a shared cost. Bond applies. Contact Gordon – 0274443820 [gjd748@uclive.ac.nz](mailto:gjd748@uclive.ac.nz)

## for families, kids & teens

### DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. NEV Baptist Community Centre, 270 North Rd., 3.30–4pm Wed, and 10–11.30am Sat.

### MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley, ph 0800 222 292 or [info@girlguiding.org.nz](mailto:info@girlguiding.org.nz)

### OPOHO PLAYCENTRE

Opoho Playcentre is a nurturing play space for 0-6 year olds where children and their whanau attend together. Our focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9 am - 12 pm following school term times. Find us on Facebook, contact us at [opoho@playcentre.org.nz](mailto:opoho@playcentre.org.nz), or ph: 027 880265

### OPOHO SCOUTS

Keas, 4pm–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 7pm–8.30pm, Wed. Opoho Scout Den, ph Kevin 0800 SCOUTS.

### MAINLYMUSIC

Leith Valley Church, Malvern St, Wednesday 10am \$4 Contact: Fran ph 467-9208 (Leith Valley Church Phone No) Or 027 456 1188

### PRESCHOOL MUSIC

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, ph 473 8019.

### SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4–18, 9.30am Sun (term time only), DNI (tech area). All welcome, no charge, ph 020 4079

5727 or

[www.dunedinchristadelphians.org](http://www.dunedinchristadelphians.org)

### SPACE FOR BABIES

Programs run by registered ECE teachers supporting families through their first year with a new baby, school terms, 12.30–2.30pm, day TBC, Valley Baptist Community Centre, ph 0211509165 or [space.valleybaptist@gmail.com](mailto:space.valleybaptist@gmail.com)

### NEV PLAYGROUP

For 0–5yrs, variety experiences to enhance development of your child, meet other local young families, free morning tea & lunch provided for adults please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–12.00pm Tue & Wed. [nevplaygroup@gmail.com](mailto:nevplaygroup@gmail.com)

### RUDOLF STEINER

Te Whare Ako Marie, Pinehill & Maia. A sanctuary for creative play for children from birth to kindergarten, a place of peace & friendship for parents. Groups meet weekly, term time, ph 471 2163 or [dunedinsteinerplaygroup@gmail.com](mailto:dunedinsteinerplaygroup@gmail.com)

## Belleknowes Golf Club

Green fees \$15  
(after 4pm \$10/player)

Come & enjoy our fantastic 9-hole golf course on Lawson Street

Spectacular views over the city  
Secretary, Christina King, 467 9499

## church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.30am

St Thomas', Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, community rooms, 9.30am, first, third and fourth Sundays, cafe service, contact Shona McDonald ph 4530145

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

Classified listings: please email [voice@northeastvalley.org](mailto:voice@northeastvalley.org) to update or add a listing, before May 20th please. Koha is appreciated, but not essential, for classifieds.

Our bank account number is 03-1726-0005606-000 if you would like to make a donation. Please use VVdonation as a reference.

# Devine talent coming out of local music school

**Need an MP?**  
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☎ 03 474 1973  
 📍 32 Albany Street, Dunedin  
 @dunedin@parliament.govt.nz  
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Valley-dweller and talented musician Molly Devine (Molly Devine, Maddy PC Band, Dodgy Disco Party Band) runs a school of music here in the community teaching singing, song-writing, music production and artist development.

Molly and new musician on the scene Keira Wallace, a year 10 Taieri College student, sat down to have a yarn with me at Molly's studio and school. Keira is about to release her first single, a song she wrote and workshopped herself, then recorded and produced with Molly during the Summer School Programme and the Make Your First EP course last year at Molly Devine's School of Music. The single is called *Lying on the Grass*. "It was pretty much the first song I had written," recalls Keira.

Molly heard Keira performing it at the Summer School, and recalls being blown away by her raw talent, as was everyone else in the class. After that Keira only continued to wow her with her abilities. During the Make Your First EP course Molly and Keira worked together on the writing, recording and production of an EP, all extremely practical skills for a young musician to learn. They're both pleased as punch with the three-track result. Keira is planning a staggered release for all three. The first single, *Lying on the Grass*, will be released on June 11 on all streaming platforms and with a string of shows around Ōtepoti, something she says wouldn't have been possible without the support of her mother.

Fourteen-year-old Keira is no stranger to performing. She busks fairly regularly around town, has played venues like Dog With Two Tails through the AMPED Project, and at the Nook and Cranny Festival, and she plays the Fairfield market every month. Keira also recently won the People's Choice Award for her performance in the

Black Box as part of Dunedin Fringe Festival. "It was a really cool experience, such a unique way to perform, inside a little window." Keira recalled that she had a fairly big crowd with passers-by stopping and sticking around, beaming at her through the glass.

Catch Keira this June 15 as the special feature act at the Inch Bar Open Mic night at 7pm, and even though Molly Devine School of Music isn't taking on any more students for the moment, do keep your eyes peeled for more workshops on offer later in the year.

[www.facebook.com/keirawallacemusic](http://www.facebook.com/keirawallacemusic)  
[www.facebook.com/MollyDevinesSchoolOfMusic](http://www.facebook.com/MollyDevinesSchoolOfMusic)  
 - Jess Covell



(L-R) Molly and Keira in studio at MDSOM



## Te Reo Māori language used in this months Valley Voice

<b>Harakeke</b> - flax	of the Māori year.
<b>Kā mihi</b> - with thanks/acknowledgements	It is also known as the constellation Pleadies, but also in the context used is the celebration Māori of New Year.
<b>Kia ora</b> - hello	
<b>Koha</b> - donation, offering, contribution. - gift, present, offering, donation, contribution - especially one maintaining social relationships and has connotations of reciprocity.	
<b>Korimako</b> - bellbird	<b>Ōtepoti</b> - Dunedin
<b>Koromiko</b> - koromiko, <i>Hebe sp.</i>	<b>Tauhau</b> - silvereye, wax-eye, white-eye, <i>Zosterops lateralis lateralis</i>
<b>Matariki</b> - an open cluster of many stars in Te Kāhui o Matariki, with at least nine stars visible to the naked eye., and indicates the beginning	<b>Tūi</b> - tūi/tui, parson bird, <i>Prosthemadera novaeseelandiae</i>
	<b>Whānau</b> — family extended family, family group, a familiar term of address to a number of people